



**NOTICE AND ACCESS NOTIFICATION TO SHAREHOLDERS  
ANNUAL GENERAL MEETING OF SHAREHOLDERS  
TO BE HELD ON THURSDAY, JUNE 30, 2022**

You are receiving this notification because **REVITALIST LIFESTYLE AND WELLNESS LTD.** (the “**Corporation**”) has opted to use the “notice and access” model for the delivery of its management information circular (the “**Information Circular**”) to the holders (the “**Shareholders**”) of common shares in the capital of the Corporation in respect of its annual general meeting of Shareholders to be held on Thursday, June 30, 2022 (the “**Meeting**”).

Under “notice and access” instead of receiving paper copies of the Information Circular, Shareholders are receiving this notice with information on how to access the Information Circular electronically. Shareholders will also be receiving a proxy or voting instruction form, as applicable, together with this notification to use to vote at the Meeting.

The use of this alternative means of delivery is more environmentally friendly and more economical. It reduces the Corporation’s paper use and it also reduces the Corporation’s printing and mailing costs.

**MEETING DATE AND LOCATION:**

<b>WHEN:</b>	Thursday, June 30, 2022 10:00 a.m. PST	<b>WHERE:</b>	Main boardroom 1100 – 1111 Melville Street Vancouver BC V6E 3V6 Canada
--------------	---	---------------	--

**Due to the COVID19 Pandemic and in the best interest of the health of all participants in the Corporation’s Meeting, the Corporation respectfully asks that shareholders do not attend the Meeting in person. The Corporation requests that shareholders who wish to participate by listening to the Meeting, register in advance to be included in the Zoom conference for the Meeting by June 23, 2022. The Corporation will arrange for Zoom conference participation for all shareholders who have requested it by June 23, 2022. However, the Corporation strongly recommends that shareholders vote by Proxy or VIF in advance to ease the voting tabulation at the Meeting by Endeavor Trust Corporation.**

**Register for the Meeting via Zoom at:**

<https://us06web.zoom.us/meeting/register/tZUpc-GrqTkiHdd3ysiHdbmpGog3WuUbCujf>

**SHAREHOLDERS WILL BE ASKED TO CONSIDER AND VOTE ON THE FOLLOWING MATTERS AT THE MEETING:**

- **FINANCIAL STATEMENTS:** To receive and consider the consolidated audited financial statements of the Corporation for the year ended December 31, 2021, together with the auditor’s report thereon. See section entitled “Business of the Meeting – Receive Financial Statements” in the Information Circular.
- **FIX THE NUMBER OF DIRECTORS:** to fix the number of Directors of the Corporation at three (3). See the section entitled “Business of the Meeting – Fix Number of Directors” in the Information Circular.
- **ELECTION OF DIRECTORS:** to elect three (3) Directors of the Corporation for the ensuing year. See the section entitled “Business of the Meeting - Elect Directors” in the Information Circular.
- **APPOINTMENT AND REMUNERATION OF AUDITORS:** to appoint Manning Elliott LLP, as auditor of the Corporation for the ensuing year and to authorize the Directors to fix their remuneration. See the section entitled “Business of the Meeting – Appointment of Auditor” in the Information Circular.
- **APPROVAL OF SHARE COMPENSATION PLAN:** to pass an ordinary resolution providing the required annual approval of the Corporation’s Share Compensation Plan. See the section entitled “Business of the Meeting - Confirmation of Share Compensation Plan” in the Information Circular.
- **OTHER BUSINESS:** to transact such further or other business as may properly come before the Meeting or any adjournment or adjournments thereof.

**SHAREHOLDERS ARE REMINDED TO REVIEW THE INFORMATION CIRCULAR PRIOR TO VOTING.**

## WEBSITES WHERE THE INFORMATION CIRCULAR IS POSTED:

The Information Circular can be viewed online under the Corporations profile at [www.sedar.com](http://www.sedar.com) or on the Corporation's website at <https://revitalist.com/investors/>.

The Financial Statement Request Card is included with the proxy and voting instruction form.

## HOW TO OBTAIN PAPER COPIES OF THE INFORMATION CIRCULAR:

Shareholders may request paper copies of the Information Circular and other meeting materials, including the audited consolidated financial statements of the Corporation for the year ended December 31, 2021 and the report of the auditors thereon and related Management's Discussion and Analysis, by first class mail, courier or the equivalent at no cost to the shareholder. Requests by email to [IR@revitalist.com](mailto:IR@revitalist.com) or by calling toll-free at 1-888-787-0888. Requests may be made up to one year from the date the Information Circular was filed on SEDAR.

For Shareholders who wish to receive paper copies of the Information Circular in advance of the voting deadline, requests must be received **no later than June 23, 2022**. The Information Circular will be sent to such Shareholders within three business days of their request if such requests are made before the Meeting. Following the Meeting, the Information Circular will be sent to such Shareholders within ten days of their request. **Requests must be made by email to [IR@revitalist.com](mailto:IR@revitalist.com) or by calling toll-free at 1-888-787-0888.**

## VOTING:

**YOU CANNOT VOTE BY RETURNING THIS NOTICE.** To vote your securities, you must vote using the method set out in the enclosed voting instruction form or proxy.

Registered Holders are asked to return their proxies using the following methods by the proxy deposit date noted on your proxy, which is by 10:00 a.m. PST on Tuesday, June 28, 2022:

<b>INTERNET:</b>	Go to <a href="http://www.eproxy.ca">www.eproxy.ca</a> and follow the instructions.
<b>FACSIMILE:</b>	Fax to Endeavor Trust Corporation. at 604-559-8908.
<b>MAIL:</b>	Complete the form of proxy or any other proper form of proxy, sign it and mail it to: Endeavor Trust Corporation Suite 702, 777 Hornby Street, Vancouver, BC V6Z 1S4

Beneficial Holders are asked to return their voting instructions using the following methods at least one business day in advance of the proxy deposit date noted on your voting instruction form:

<b>INTERNET:</b>	Go to <a href="http://proxyvote.com">proxyvote.com</a> and follow the instructions.
<b>MAIL:</b>	Complete the voting instruction form, sign it and mail it in the envelope provided.

**Shareholders with questions about notice and access can call toll free at 1-888-787-0888.**