



REVITALIST

PRESS RELEASE
www.revitalist.com

Revitalist Opens its Eighth Clinic in Washington, D.C.

VANCOUVER, BC, January 10, 2022 – REVITALIST LIFESTYLE AND WELLNESS LTD. (“Revitalist” or the “Company”) (CSE: CALM) (OTC: RVLWF) (FSE: 4DO) is pleased to announce it has opened its eighth psychedelic assisted psychotherapy (“PAP”) clinic located just outside of Washington, D.C. at 4833 Rugby Ave, STE 600, Bethesda, MD, 20814 (“Clinic”).

The Clinic is expected to offer Revitalist’s full suite of treatments including ketamine and vitamin infusions, Spravato, intensive outpatient programs, telemedicine therapy sessions and transcranial magnetic stimulation. With 10 treatment rooms, the clinic can provide over 10,400 ketamine infusions to patients annually.

Military Veterans, Derek Martindale and Matthew Dolan will function as the lead Certified Registered Nurse Anesthetists. “Bethesda has such a heavy military presence and we are proud to be a part of this community to help provide necessary care for our brothers and sisters”, reports Matthew Dolan.

Advancements to psychedelics have been made in the military community with the United States Military providing millions of dollars towards psychedelic research and development in the amount of \$26.9M USD to the Department of Defense’s Defense Advanced Research Projects Agency (DARPA).

Kathryn Walker, CEO, commented, “Revitalist is providing Washington DC and the surrounding areas access to much needed services with a special emphasis on our veterans. Our veterans need greater access to effective care allowing value to each of their individual experiences. Our providers, with respected military experience will help provide space for validation and connectivity allowing a safe environment to heal.”

People interested in receiving treatments can contact any of the following Revitalist clinic locations:

Washington, DC

Address: 4833 Rugby Ave, STE 600, Bethesda, MD, 20814

Website: <https://revitalistdc.com/>

Tel: 240-858-0112

Knoxville West, TN

Address: 10608 Flickenger Lane Knoxville, TN, 37922

Website: <https://revitalistclinic.com/>

Tel: 865-401-9242

Knoxville North, TN

Address: 7317 Clinton Hwy, Suite 101, Powell, TN, 37849

Website: <https://revitalistclinic.com/>

Tel: 865-328-9916

Chattanooga, TN

Address: 5715 Uptain Rd, Suite 200, Chattanooga, TN, 37411

Website: <https://revitalistchattanooga.com/>

Tel: 423-220-4738

Johnson City, TN

Address: 110 E Mountcastle Dr Johnson City, TN, 37601

Website: <https://revitalistjohnsoncity.com/>

Tel: 423-454-2150

Louisville, KY

Address: 13307 Magisterial Dr, Louisville, KY, 40223

Website: <https://revitalistlouisville.com/>

Tel: 502-771-8531

Raleigh, NC

Address: 1418 E Millbrook Rd, Raleigh, NC, 27609

Website: <https://revitalistraleigh.com/>

Tel: 984-300-4487

Detroit, MI

Address: 42450 Twelve Mile Road, Novi, MI, 48377

Website: revitalistdetroit.com

Tel: 423-250-1997

ABOUT REVITALIST LIFESTYLE AND WELLNESS LTD.

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTC: RVLWF) (FSE: 4DO) is a publicly traded company, headquartered in Knoxville, Tennessee, with seven clinics operating across the United States and expanding. Revitalist is dedicated to empowering individuals toward an improved quality of well-being through a combination of comprehensive care and future-centric treatments provided by medical professionals, mental health experts, and chronic pain specialists. Since opening their first clinic in 2018, Revitalist has provided thousands of infusions for patients suffering from treatment-resistant conditions. Additionally, Revitalist offers a number of lifestyle optimization services and vitamin infusions that can bring anyone closer to total wellness. For additional information and to be added to the Company's mailing list, please click [here](#).

Twitter: @RevitalistCorp
Facebook: @RevitalistLifestyleandWellnessLtd.
Instagram: @RevitalistCorp
LinkedIn: @RevitalistLifestyleAndWellnessLtd

On Behalf of the Board
Kathryn Walker
Chief Executive Officer

For further information please contact:
Revitalist Lifestyle and Wellness Ltd.
Email: IR@revitalist.com
Tel: (865) 585-8414

Forward Looking Statements

This news release contains forward-looking statements and information within the meaning of applicable securities legislation. Often, but not always, forward-looking statements and information can be identified by the use of words such as "plans", "expects" or "does not expect", "is expected", "estimates", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will" be taken, occur or be achieved. Forward looking statements or information involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of Revitalist to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements or information contained in this news release.

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